



GOVERNMENT OF GUAM

DEPARTMENT OF PUBLIC HEALTH AND SOCIAL SERVICES
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DPHSS Expands Access to Behavioral Health Services at Community Health Centers

Hagåtña, Guam – The Department of Public Health and Social Services (DPHSS), through the Division of Public Health, Guam Community Health Centers (CHCs), has expanded access to behavioral health services with the addition of **Dr. Christopher Otero**, a post-doctoral psychologist now seeing patients.

Dr. Otero joins the CHC behavioral health team alongside licensed psychologist Dr. Mamie Balajadia, strengthening the department's integrated care model that supports patients' mental, emotional and physical well-being. His placement is made possible through the partnership with the Guam Behavioral Health and Wellness Center.

Individuals do not need to be in crisis to seek support. Services are available for those experiencing stress, anxiety, difficulty sleeping, major life changes, or for those who simply need someone to talk to.

CHCs provide services to individuals covered by Medicaid, MIP and private insurance, as well as those who are uninsured. Individuals with questions or concerns about cost may contact the CHCs.

Appointments with Dr. Otero are now available at both CHC locations. To schedule an appointment or learn more, individuals may contact the Community Health Centers using three methods: (1) Call NRCHC at (671) 635-7412 or SRCHC at (671) 828-7623 (2) email gchcappointment@dphss.guam.gov (3) complete an online form by scanning the QR code provided below or by visiting bit.ly/4l5rt1i.



DPHSS encourages the community to take a proactive step toward their well-being by making use of the behavioral health services available.

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